

## Saturday serving opportunities

- A. **The Mustard Seed** is a Christian non-profit organization that has been caring for individuals experiencing homelessness and poverty since 1984. The Mustard Seed is a supportive haven where people can have their physical, mental, and spiritual needs met and grow toward greater health and independence.

Here are the volunteer opportunities available:

1. Donation Warehouse –This is open for children 10 and older that are accompanied by a parent/guardian. Participants will help to sort donations that go on to Community Members and to our Thrift Store.  
Number of people allowed: 10-12 people
  2. Prairie Manor (supportive housing building a couple blocks away from The Neighbour Centre) – Movie day for residents. 10 people total, all ages. Kids can help by handing out popcorn. Children must be accompanied by a parent/guardian.  
Number of people allowed: 10 people
  3. The Neighbour Centre (TNC) – This will be a food related/food prep serving opportunity. Currently TNC is in the process of reopening after extensive renovations. The programs and services are continually being updated as they are able to take on more and more community members.  
Number of people allowed: 6 people
  4. Two Community Awareness Walks – 6-8 people per walk. No children. Participants should dress according to the weather as they will be walking around downtown Edmonton for 1-1.5 hours. This is an educational walk that bring awareness to the issues of poverty and homelessness and the services provided around our city.  
Number of people per walk: 6-8 people
- B. The **Pregnancy Care Centre** is dedicated to making a difference in the community. For over 36 years, PCC has supported women who are struggling with an unexpected pregnancy to heal the wounds, restore hope and have a positive outlook for the future. There are a number of roles available to assist PCC in their ministry.  
Number of people allowed: 10 people
- C. **White Cross** is a humanitarian ministry of the North American Baptist Conference. White Cross provides medical supplies and relief goods to hospitals, health centres, and rest houses in West Africa, with a primary focus on Cameroon and Nigeria. There are a number of roles available to assist WC as they prepare necessities for the medical mission in Cameroon & Nigeria. Children accompanied with parents/guardians are welcome.  
Number of people allowed: 20 people

D. The **Old Strathcona Abounding in Love Society** (OSAILS) is led by Aaron Cranton & Dennis Fruck. They regularly come alongside those, primarily in the Old Strathcona area to, helping them find spiritual, relational, emotional, physical, and mental healing. Participants here will walk with Aaron and/or Dennis as they serve those that are present in the neighbourhood.

Number of people allowed: 2 people for 2 hours each.